

# Agape Reiki

instructions

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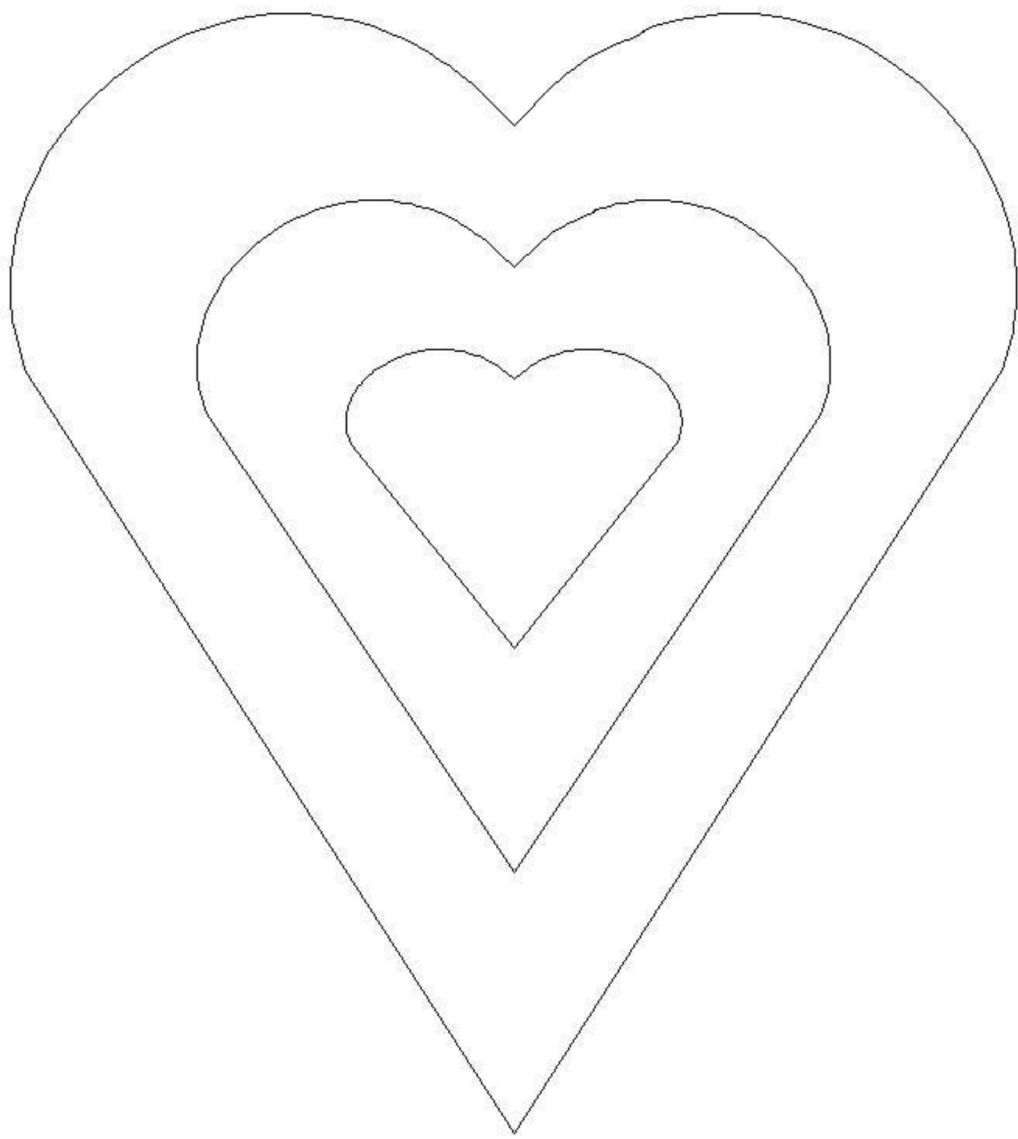
## About Agape Reiki

Agape is a Greek word that has come to represent “unconditional love” in our modern times. It is a universal, spiritual love, a love that is divine in nature. Some say it is this love that is the true nature of God, of All That Is, of the ultimate reality. Agape Reiki is a simple energetic system that taps into the spirit of unconditional love. It is easy to use and at the same time highly effective.

Agape Reiki is good for opening the heart center, helping ease heartbreak, and transmuting anger. Don't block the heartbreak or anger – if needed, allow it to be expressed and acknowledged while sending the Agape Reiki energy.

## To Activate

Simply visualize the symbol provided in this manual. (Three hearts, see next page.) You can also just ask to be connected with the energy of Agape, unconditional love. See it as a bright, white light.



## To Attune Others

Ask to be connected with the energy of Agape, unconditional love.

Use your traditional attunement method if in person to send the symbol into the chakras.

Via distance, imagine the person in front of you as you send the attunement along with the symbol.

There is no time-limit or limit on re-attunements.

This energy can be freely shared with anyone, and it is also OK to charge for providing a personalized attunement if you offer attunements as part of your Reiki practice.

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### **Additional Attunements**

**More Reiki attunements and systems are available at Element Energy Center:**

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